

All meetings are
Eastern Standard

Telephone Marathons

Phone: 1-712-770-5398
PIN/Passcode: 207490#

2020



**From 8 am until 11 pm
10 pm: The Countdown**

Telephone Marathon Meetings for 2020:

January 1st (Ring in the New Year)

April 12th (Jumping into Recovery)

May 25th (Service is the Key)

July 4th (Celebrate Good Times Come on)

September 7th (Step by Step)

November 19th (Let's work together)

November 26th (Attitude of Gratitude)

December 25th (Winter Wonderland)

Our Primary Purpose is to offer support to those who are trying to gain freedom from nicotine.

Call: Katherine B.
Phone: 252-217-7367
For information

~ Hosted by ~
Nicotine Anonymous
FreeBridge
Telephone Meetings

"The only requirement for
Nicotine Anonymous
membership is a desire to
stop using nicotine."
— TRADITION THREE