



What: Nicotine Anonymous 12-Step Study hosted by an ad hoc committee of Nicotine Anonymous members. Open to all Nicotine Anonymous members interested in working the Steps.

When: Wednesdays 6:30pm-8:00pm EDT- July 6-Sept 28 2022

Where: Online via videoconference – link will be provided prior to start of study. Email to register is below.

Why: To engage in our primary purpose by providing members, especially newcomers, with a forum to study and work the Twelve Steps of Nicotine Anonymous while developing sponsorship opportunities. The Third Tradition states the only requirement for Nicotine Anonymous membership is a desire to stop using nicotine. You need not be free of nicotine to join the Step Study.

Additional Details:

- Sessions will be held in a welcoming, safe, and confidential environment
- There will be opportunity to work in a small group, with one facilitator per group
- Each group will commit to working one Step each week
- Small groups will stay as consistent as possible for the entire 13-week session
- This workshop will be using the following books: *Nicotine Anonymous: The Book* and the *Nicotine Anonymous Step Study Workbook**
- Additional suggested materials will be provided upon registration
- To register for this 12-Step Study, send an email with your name to

stepstudyreg@gmail.com



* For any questions, please contact stepstudynica@gmail.com